

## **Section 2: Problems caused by money-motivated emotions**

The more the emotions that cross our mind, the more disturbed we will be. Speed also counts. The faster the chain of emotions, the more restless and disturbed we will be. However, that is not the state of mind any of us would like to be in. A restless and disturbed mind does not allow us to enjoy our current state of being.

Invariably, those emotions are linked to materialism. We discussed that in the first section. For example, “What will people think if I do not drive a particular kind of car?”, “If I own the latest brands, I will get attention”, “How can I go on vacation to a destination which is frequented by everyone?” etc. For materialism, we need money. Therefore, unknowingly we feel that with money, we will be able to calm our emotions.

We feel that money will free us from those emotions. We seek financial freedom. For financial freedom, we believe we need money. The fact is that financial freedom will not come from having money; financial freedom will come when our mind is free from those emotions. Once those emotions calm down, we will be able to enjoy our state of being. Not understanding this fact, we undertake various activities related to money and materialism. It results in a whirlpool. The more we undertake activities related to money and materialism, the more we will think about it. And, the more we think about it, the more the emotions that will arise; the more the emotions that arise, the more disturbed we will be and there will be desperateness to get money so that we achieve freedom.

We think so much about money and financial freedom that we end up becoming slaves to those thoughts.

Financial freedom will never come from money and finance. Financial freedom will come when we have freedom from the thoughts and emotions that make us believe that we will be able to get love, affection, self-esteem, self-respect and self actualisation with money.

In rush to get financial freedom, we end up doing things which are actually pulling us into a whirlpool.

In the second section, the discussion revolves around some of the things we do because we think money will solve our problems.